

# **SPARTA BOYS SOCCER CAMP 2026**



## **Camp Schedule**

Subject to change due to guidelines

9:00-9:10– Check in /Attendance

9:10-9:20– Warm Up/Stretch

9:20-10:15– Stations/Ball

Skills/shooting/ passing/player movement

10:15-11:00– 3v3 and 1v1

11-11:45 break for Lunch

11:45-1:00 Games



### **SUGGESTIONS**

Players are encouraged to bring extra drinks/water with them to camp (put name on water bottle)

All players must wear cleats and shin guards.

All players may bring a ball that is size appropriate to camp.

(U8–size 3; U9-U12–size 4; U13-U14-size 5).

**Please put the player's name on the ball.**

Wear sunscreen. Camp will run rain or shine

## **Camp Focus**

The camp will focus on all aspects of the game. There will be instruction for new players to more technical training for experienced players

### **Camp Director-**

#### **Head Coach– Tim Connors**

Tim Connors is entering his 14th season as the head coach. A graduate of SHS, he was a member of the soccer, basketball and baseball teams. In the following 4 years he continued his soccer career at St. Peter's University, in Jersey City.

“Just like in past years, I’m looking forward to a great camp experience for all the kids. Watching them play, laugh and learn new skills is what this is all about” - Coach Connors

### **Staff**

#### **Coach Travis**

Travis DiDiego is entering his 15th season as a Varsity Assistant. He was a 3 year member of the Varsity team. He has continued his soccer career being one of the highest regarded trainers in our area. He is currently a trainer at SCP-PDA

**When:** AUGUST 10-13

9:00 – 1:00

**Where:** Station Park fields

*OPEN to Incoming*

*K-9<sup>th</sup> Graders*

*Follow us On Instagram  
shsvarsitysoccer*

*and Facebook -Sparta High  
School Boys Soccer Camp*

## Areas of Focus

- Dribbling
- Passing
- Footwork
- First touch
- Possession
- Defensive strategy (both 1 vs. 1 and team)
- Offensive strategy (both 1 vs. 1 and team)
- Shooting
- Goalkeeper training

\*COST: \$170.00 per player

**\*All players will receive a camp t-shirt.**

Please mail applications/payment to...

Tim Connors

18 Whippoorwill Lane

Sparta NJ, 07871

Tim.Connors@sparta.org

Checks should be made payable to: Tim Connors

**Venmo: @tim-connors-35**

**We use Remind APP- Text @ca88d4**

**to 81010 for updates.**

## Player Information

Photo Consent: Yes No  
Parent Signature and Date:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Parent Name and Cell Phone Number: \_\_\_\_\_

Age in the fall of 2025: \_\_\_\_\_

T-shirt Size (Youth): S M L

Doctor's Name and Phone Number: \_\_\_\_\_

Emergency Contact Name and Number: \_\_\_\_\_

Medical Needs (Please list any specific medical needs your child may have): \_\_\_\_\_

## Insurance Waiver:

By signing the bottom of this brochure, you, as the parent/guardian of the child named in the application, are stating that your child does have insurance and that Sparta High School and Tim Connors are not responsible for any accident or injury that may happen to your child while they are in attendance of the Sparta Boys Soccer Camp.

